

Understanding Autism: Practical Strategies for Teachers



Two-Day Online Workshop for Teachers and Teachers' Aides 18th & 19th October 2021

Early Bird Registration Closes: 15th July 2021

Why Autism Spectrum Disorder?

As more children are being diagnosed with Autism, mainstream teachers are expected to provide neurodiversity affirming supports for students with complex learning needs within mainstream classes. Autistic students often require supports to navigate the social demands of the classroom and playground, cope with change, avoid sensory overload, and achieve their full learning potential.

Who should attend?

Teachers and teacher aides who want to learn and share practical strategies which benefit Autistic students in the classroom and the playground.

How do I register?

To secure your place please complete and return the Registration Form on Page 3

Why this workshop?

School curriculum and expectations are often designed to suit neurotypical learning styles, and may impact on Autistic students' engagement and learning. This workshop explores the strengths of Autistic students as well as the common challenges they face. We will discuss autism strategies that can be effective for the whole class. Participants are encouraged to make subtle changes to their interaction style to encourage Autistic students to explore their passions, reduce their anxiety and to prevent overwhelm and meltdowns. Participants will practice their skills by responding to scenarios in small groups. Course notes include visual aids and proformas that can be adapted to suit your own students.

Workshop Program

Day 1

1. Features of Autism
2. Supports, Accommodations and Stress Reduction

Day 2

3. Working with Families
4. Using Visuals
5. Supporting Engagement and Social Opportunities
6. Managing Change



Autism Understanding Pty Ltd

autismunderstanding@gmail.com

Ph: (02) 4967 3363
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www.autismunderstanding.com.au

Suite 109 10-16 Kenrick Street
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The Presenter

Lydia Meem BA(Psych)(Hons), MPsych(Clin), MAPS, CCLin

Clinical Psychologist and Founder of Autism Understanding Pty Ltd

Lydia specialises in autism and developmental disabilities. She provides a range of assessments, tailors autism strategies for families with Autistic children, and provides Autism training for parents, teachers, and psychologists.

Lydia has worked as a School Counsellor in a mainstream independent school for students from Preschool to Year 12. Lydia previously worked as a Family Counsellor at ASPECT's Hunter School for Children with Autism, providing diagnostic assessments, outreach to schools and facilitating autism training. Lydia has also worked within two Psychology Teams supporting children, adolescents and adults with intellectual disabilities living in the community and in a large residential centre.

Lydia is a member of the Association of Psychologists in Developmental Disability Services and a Fellow of the Australian Psychological Society's College of Clinical Psychologists. She has presented at Asia Pacific Autism Conferences (2009, 2013, 2015, 2017, 2019) and Autism in Education conferences (2016, 2018).

Resources and Proformas in workshop notes include:

- ◆ **Neurodiverse Student Profile** (educational and clinical tool)
- ◆ **Behavioural Brainstorming** (possible reasons why Autistic students may be responding differently to situations)
- ◆ **ABC Scenarios** (checking for setting events & triggers, & preventative strategies)
- ◆ **Chain Analysis drawing** (for incident debriefing and prevention of recurrence)
- ◆ **Information for Students** (for excursions and out-of-routine days)
- ◆ **Visual Timetables & Supports** for classroom, playground & home
- ◆ **Visuals for Emotional Awareness and Regulation**
- ◆ **Information on Neurodiversity Affirming Approaches** including resources developed by Autistic Adults



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To Register: Please email this Registration Form to autismunderstanding@gmail.com and make payment via:

Direct Deposit: Deposit your payment into our bank account: **Autism Understanding Pty Ltd**

BSB: 062814 Account Number: 1034 2242

(Please include your name or the school's name so we can identify your deposit)

Credit Card: Please phone us on **(02) 49 673363** to pay by **credit card**. (2% surcharge)

Registration Form

ABN: 68164519608

Full Name for Certificate: _____

School: _____

Phone: _____

Email: _____

Postal Address: _____

Workshop Time: 9am to 4pm (Sydney, Melbourne, Hobart AEDT)

***Start times: (Brisbane 8am AEST) (Adelaide 8.30am ACDT) (Perth 6am AWST)**

ZOOM Live Interactive Webinar

18th – 19th October 2021

- \$395** Early Bird (incl.\$39.50 GST) Payment must be received by **15th July 2021**
- \$450** Standard (incl.\$45.00 GST) Payment must be received by **15th October 2021**

* **Tax invoice:** This Registration Form becomes a tax invoice for GST purposes upon completion of payment. **Full payment must be made within 5 days of booking. Confirmation of your place will be sent to you by email on receipt of full payment.**

* **Cancellations:** If you are unable to attend the workshop, your school is welcome to send another participant in your place. For a full refund, cancellations must be received in writing more than 10 working days prior to the workshop. 50% of the fee is payable for cancellations received between 6-10 working days prior to the workshop. Unfortunately cancellations within 5 working days of the workshop will not be refunded.

* If we cancel the workshop you will be notified by email and phone, and your registration fee will be refunded.



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